

Tellico Village Hiking Club



Frozen Head Observation Tower

Distance:
8.5 miles

Rating:
Moderate

Driving Time:
1.25 hour

Elevation Gain:
Approx. 1800 fr.





Leader:
John Winn
at 865-824-6200 or
john.winn@gmail.com

Frozen Head Observation Tower/Frozen Head State Park (Loop Hike)

Wednesday
January 25, 2023

Depart at 8:00 a.m. from Tugaloo Beach Parking lot (unless construction is complete at Chota Rd. & 444, then meet at Lakeside Realty Park lot)

This hike affords the opportunity to explore Frozen Head State Park and its rugged wild terrain, close by in the Cumberland Mountains. In the Tennessee State Park system, Frozen Head is a gem. This is a loop hike starting on the North Old Mac Trail and returning on the Spicewood Trail. If the weather conditions are right, we should see why Frozen Head Mountain got its name. It is often covered by frost as it is a high point in the Cumberlands. Dress in layers. We will work up a sweat going uphill and it will be cold and frosty at the top of the observation tower.

-  Hiking boots and hiking sticks are recommended.
-  Driving directions will be provided the morning of the hike.
-  Bring water and a trail lunch.
-  Passengers are asked to contribute \$6 to the driver to help cover gas, etc.